

CONTACT US

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AgeStrong.org

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Funded through a grant from ECIAAA

Carle Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-217-383-2543.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-217-326-0340.

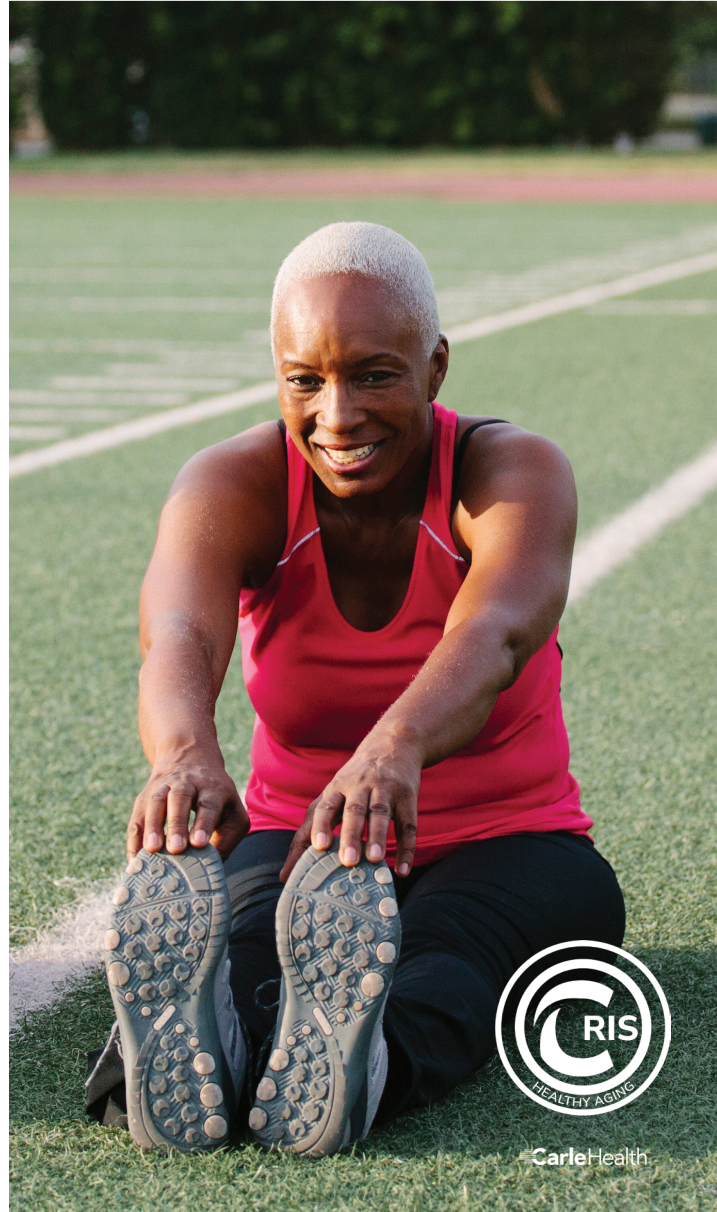
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CarleHealth

Staying Healthy and Independent as You Age

CRIS HEALTHY AGING



CarleHealth

Our mission is to keep older adults safe, healthy and independent in their own homes for as long as possible.

Check off the items you'd like to learn more about and call CRIS for more information.

MEDICARE

- Benefit checkup.
- Long-term care options.
- Senior Health Insurance Program (SHIP).
- Medicare Savings Programs (MSP).

MEDICAID

- Home- and community-based services.
- Emergency home response systems.
- Automated medication dispenser.
- Spousal impoverishment information.

CAREGIVER ASSISTANCE

- Respite care.
- Support groups.
- Education and counseling.
- Legal rights and resources, including guardianship.

HOME, UTILITY AND FOOD ASSISTANCE

- Home care aides.
- Low Income Home Energy Assistance Program (LIHEAP).
- Supplemental Nutrition Assistance Program (SNAP).
- FREE Lifeline cellular phones and medical alert systems.

- Weatherization assistance.
- Low-cost internet service.
- License plate discount.
- Emergency food assistance.
- In-home flu vaccine (Carle patients only).

MONEY MANAGEMENT

- Budgeting assistance.
- Help balancing checkbook.
- Create a system to pay your bills.
- Fraud prevention.

TRANSPORTATION SERVICES

- Rides to medical appointments.
- MTD transportation.

NUTRITION SERVICES

**Provided by CRIS in Vermilion County*

- Home-delivered meals.
- Congregate meals (breakfast café and scheduled luncheons).
- Senior dine program (discounted restaurant dining).

ADULT PROTECTIVE SERVICES PROGRAM

**Provided by CRIS in Vermilion County*

- Investigate reports of abuse.
- Assist clients in developing abuse interventions.

VIOLENT CRIME VICTIM ASSISTANCE

**Provided by CRIS in Vermilion County*

- Identify and assist victims of violent crimes.
- Provide assistance with orders of protection, evictions and medical care.