

CRIS Healthy-Aging Center  
**MARCH EVENTS**

2018

**RECURRING ACTIVITIES**

**CRIS Breakfast Café**  
M-F | 6:30am-9:15am

**1st | THURSDAY**

Strong for Life Exercise | 9:30am  
BUNGO | 11am  
Sponsored by David Carey  
(1st Thursday of every month)  
Euchre | 12:30pm - 3pm  
Chronic Disease Self-Management  
Program | 1 PM - 3:30 PM

**2nd | FRIDAY**

Euchre | 12:30pm - 3pm  
Bridge | 12:30pm - 4pm

**5th | MONDAY**

Breakfast Kiwanis | 7am  
Strong for Life Exercise | 9:30am  
Euchre | 10:30am - 1:30pm  
Bridge | 12:30pm - 4pm  
Golden K Kiwanis | 2pm - 3:30pm

**6th | TUESDAY**

Bridge | 9am - 11:30am  
Day Campers Card Club | 9am-1pm  
Euchre | 12:30pm - 3pm

**7th | WEDNESDAY**

Strong for Life Exercise | 9:30am

**8th | THURSDAY**

Strong for Life Exercise | 9:30am  
Mah Jongg | 10am - 1pm  
(2nd Thursday of every month)  
BUNGO | 11am  
Sponsored by Pleasant Meadows  
(2nd Thursday of every month)  
Euchre | 12:30pm - 3pm  
Chronic Disease Self-Management  
Program | 1 PM - 3:30 PM

**9th | FRIDAY**

Euchre | 12:30pm - 3pm  
Bridge | 12:30pm - 4pm

**12th | MONDAY**

Breakfast Kiwanis | 7am  
Strong for Life Exercise | 9:30am  
Euchre | 10:30am - 1:30pm  
Bridge | 12:30pm - 4pm  
Golden K Kiwanis | 2pm - 3:30pm

**13th | TUESDAY**

Bridge | 9am - 11:30am  
Day Campers Card Club | 9am - 1pm  
Euchre | 12:30pm - 3pm  
Danville-Illiana Women's Club | 1pm  
(2nd Tuesday of every month)

**14th | WEDNESDAY**

Strong for Life Exercise | 9:30am

**15th | THURSDAY**

Strong for Life Exercise | 9:30am  
BUNGO | 11am  
Sponsored by Bowman Estates  
(3rd Thursday of the month)  
Euchre | 12:30pm - 3pm  
Chronic Disease Self-Management  
Program | 1 PM - 3:30 PM

**16th | FRIDAY**

Euchre | 12:30pm - 3pm  
Bridge | 12:30pm - 4pm

**19th | MONDAY**

Breakfast Kiwanis | 7am  
Strong for Life Exercise | 9:30am  
Euchre | 10:30am - 1:30pm  
Bridge | 12:30pm - 4pm  
Golden K Kiwanis | 2pm - 3:30pm

**20th | TUESDAY**

Bridge | 9am - 11:30am  
Day Campers Card Club | 9am - 1pm  
Euchre | 12:30pm - 3pm

**21st | WEDNESDAY**

Craft Workshop | 9am - 12pm  
(3rd Wednesday of the month)  
Strong for Life Exercise | 9:30am  
Senior Luncheon | 11 AM - 1 PM  
(Sponsored by Faith in Action. Please RSVP.)  
Caregiver Support Group | 1 - 2:30pm  
(3rd Wednesday of every month)

**22nd | THURSDAY**

Strong for Life Exercise | 9:30am  
Mah Jongg | 10am - 1pm  
(4th Thursday of the month)  
Euchre | 12:30pm - 3pm  
Chronic Disease Self-Management  
Program | 1 PM - 3:30 PM

**23rd | FRIDAY**

Euchre | 12:30pm - 3pm  
Bridge | 12:30pm - 4pm

**26th | MONDAY**

Breakfast Kiwanis | 7am  
Strong for Life Exercise | 9:30am  
Euchre | 10:30am - 1:30pm  
Bridge | 12:30pm - 4pm  
Golden K Kiwanis | 2pm - 3:30pm

**27th | TUESDAY**

Bridge | 9am - 11:30am  
Day Campers Card Club | 9am-1pm  
Euchre | 12:30pm - 3pm

**28th | WEDNESDAY**

Strong for Life Exercise | 9:30am  
BUNGO | 11am  
Sponsored by Gardenview Manor  
(4th Wednesday of every month)

**29th | THURSDAY**

Strong for Life Exercise | 9:30am  
Euchre | 12:30pm - 3pm  
Chronic Disease Self-Management  
Program | 1 PM - 3:30 PM

**30th | FRIDAY**

CLOSED FOR GOOD FRIDAY

