

- you are a U.S. citizen or legal alien;
- you meet the asset requirements, which will be explained to you when the care coordinator comes to your home; and
- you apply for medical benefits.

To Apply

For information and referral to the appropriate local agency, contact the **Senior HelpLine:**

1-800-252-8966 (toll-free)

1-888-206-1327 (TTY)

E-mail: aging.ilsenior@illinois.gov

Monday through Friday 8:30 a.m. to 5:00 p.m.

Illinois Department on Aging
One Natural Resources Way, #100
Springfield, IL 62702-1271



State of Illinois

Illinois Department on Aging

Community Care Program



...helping older adults
live independently

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www.state.il.us/aging

The Illinois Department on Aging does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with appropriate State and Federal statutes. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department on Aging. For information, call the Senior HelpLine at 1-800-252-8966, 1-888-206-1327 (TTY).

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Are you wondering how to find the specific services that will help you or a loved one remain at home?

The Illinois Department on Aging would like you to know that help is offered through the Community Care Program (CCP). This program is designed to help you remain independent, in your own home, and keep you out of a nursing home, as long as nursing home placement is not necessary for you. There is an agency, called a Care Coordination Unit, in your community that is knowledgeable about available CCP services.

Care Coordination Unit

The Care Coordination Unit will send a care coordinator to your home at no cost to discuss your needs and goals, and to help you choose what services may be right for you. Services include In-Home Service, Adult Day Service, Emergency Home Response Service, Flexible Senior Services and, in some areas of the state, Senior Companion.

If you qualify for CCP services, the Care Coordination Unit will work with you to determine your needs, set up services that are appropriate for you and keep in touch with you to make sure the services continue to meet your needs.

In-Home Service

Homecare Aides provide in-home service, such as cleaning, planning and preparing meals, doing laundry, shopping and running errands. Homecare Aides may also assist moderately impaired participants with personal care tasks, such as dressing, bathing, grooming and following special diets.

Adult Day Service

Adult Day Service offers older adults the opportunity to interact with other people in a supervised setting outside their home. Adult Day Service centers offer a wide range of social activities. A noon meal is provided and participants may enjoy everything from arts and crafts to card games and current events classes. Some centers also offer counseling and physical therapy with trained professionals. Additionally, Adult Day Service centers can serve the needs of family members who may need respite from caregiving responsibilities so they may work outside the home during the day. In select Adult Day Service centers funded by the Illinois Department on Aging, specialized services are offered for individuals who suffer from Alzheimer's disease or related disorders.

Emergency Home Response Service

Emergency Home Response Service (EHRS) is defined as a 24-hour emergency communication link to assistance outside the participant's home, based on health and safety needs and mobility limitations. This service is provided by a two-way voice communication system consisting of a base unit and an activation device worn by the participant that will automatically link the

participant to a professionally staffed support center. The support center assesses the situation and directs an appropriate response whenever this system is engaged by a participant. The purpose of providing EHRS is to improve the independence and safety of participants in their own homes in accordance with the authorized plan of care and thereby help reduce the need for nursing home care.

Flexible Senior Services

Limited funding is available through the Illinois Department on Aging's Flexible Senior Services demonstration programs for participants with needs outside the normal spectrum of services available through the Community Care Program. Examples of items or services purchased may include minor household modifications, respite care, medication management and assistive devices.

Senior Companion

Senior Companions are volunteers who provide companionship and assistance when an older adult cannot be left alone for long periods of time. The service not only provides the person with a new friend of about the same age, but also provides respite for a caregiver.

Eligibility

You are eligible for Community Care Program services if:

- you are age 60 or older;
- you are determined physically in need of service, meaning you are at least moderately impaired;
- you are a resident of the state of Illinois;