

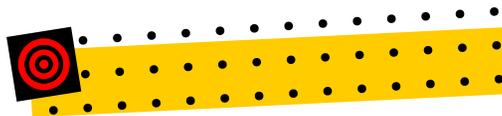
Website Resources for Grandparents Raising Grandchildren

- The AARP Grandcare Toolkit;
www.aarp.org/family/grandparenting
- U.S. Government Resources:
www.usa.gov/Topics/grandparents.html
- Grandparents Raising Grandchildren-
Realizing You Are Not Alone;
www.raising/our-grandchildren.com
- Grandparents Magazine: An Online
Magazine for All Grandparents
www.grandparentsmagazine.net

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Grandparents Raising Grandchildren



*"I am where I am
today because my
grandmother gave the
foundation for my
success."
-Oprah Winfrey*

Tel: 217-443-2999

Sound Familiar?

"My granddaughter is having emotional issues after her mother passed away. I feel overwhelmed and drained. Where can we go for help?"

-John, age 60

"Our daughter is in rehab and we have her two-year-old grandson. I had to quit my job to take care of him. We never expected to be raising a child at our age. Is there any financial assistance available for us?"

-Tom and Mary, age 58 and 57

"My 4-year-old grandson has been living with me for nearly a year. He seems to have a difficult time learning colors and has speech issues. I'm worried about his development. Are there any programs available for us?"

-Wanda, age 66



G.O.L.D.

Grandparents Offering Love & Discipline

One day you wake up and it seems like a normal day. Then suddenly you find yourself caring for your grandchild.



~What do you do?

Where do you find help?

CRIS Healthy Aging Center sponsors a Grandparents Raising Grandchildren group that meets for regularly scheduled activities. Our goal is to provide these grandparents with an environment in which they can relax, build relationships with others in similar situations, and tap into a variety of resources and utilize the knowledge of the others.

You are not alone.

Over 200,000 children in Illinois are being raised by grandparents. These grandparents are:

- from all walks of life;
- a variety of ethnic groups;



You make a BIG difference in your grandchild's life!

- ◆ A grandparent involved in a child's daily life contributes to that child's sense of security, confidence and well-being. - *Oxford University*
- ◆ The close relationship between a children and his/her grandparents can decrease the negative effects of separation, divorce and other family problems. - *Oxford University*
- ◆ A grandparent can contribute to a child's sense of belonging and security simply by being involved in a grandchild's life. - *The Protective Role of Grandparents*

"Those who have no grandparents lose very much." -Spanish Proverb