

**Take Care Of You,
And You Will Do
A Better Job
Taking Care
Of Your
Loved One!**



REFERRALS:

The Caregiver Advisor Program at CRIS Healthy-Aging Center accepts referrals from all social service agencies, schools, medical personnel and facilities, and other individuals and concerned citizens in Vermilion County.

CONFIDENTIALITY:

All client information is confidential.

Phone: 217-443-2999

Fax: 217-443-4288

e-mail: grandparents@agestrong.org

Program Funding Provided by:



309 N. Franklin St.
Danville, IL 61832



**Caregiver Advisor
Program**



"You have never really lived until you have done something for someone who can never repay you." ~Anonymous

217/443-2999

Caring for the Caregiver

Who are the caregivers? You are a caregiver if you help an elderly family member or friend all the time or just once in a while. The duties of a caregiver vary greatly but could be house-keeping chores, shopping, transportation, assisting with medicine or personal care. However, all caregivers are important people who give their time for someone they love.

A caregiver can be someone who is raising their grandchildren in their home. You are a caregiver if your husband or wife has become disabled and is over 60 years old. The needs and situations of caregivers is never the same, but all caregivers have questions and need support from time to time.

CRIS Healthy-Aging Center Caregiver Advisor Program assists caregivers in finding services and resources in the community. Don't wait until the task of giving care becomes overwhelming! Call CRIS Healthy-Aging Center Caregiver Advisor Program today.

Grandparents Raising Grandchildren:

Today, millions of grandparents are raising their grandchildren. They come

from all ethnic, racial and religious backgrounds. Whether they are caring for their grandchildren because of death, illness, drug use, child abuse or neglect or any of a number of other reasons, most grandparents find their whole lives change when they take on this role.

You can make your life easier, and CRIS can help. G.O.L.D. (Grandparents Offering Love & Discipline) is a supportive, educational and social network for grandparents raising their grandchildren. We have information and resources for caregivers: you are not alone!

The CRIS Caregiver Advisory Program offers help with...

- Finding services in the community;
- Financial planning;
- Strategies for juggling your schedule;
- Working out a caregiving plan among family members;
- Finding services for a grandchild who has a learning disability or an emotional condition;

- Getting your needs met within the child welfare system;
- Working with your grandchild's school;
- Respite care for your senior.

CRIS Support Groups

Caregiver's Support Group

Meets 3rd Wednesday of every month from 2-3:30 PM.

G.O.L.D-Grandparents Raising Grandchildren with Love

and Discipline
Meets as needed

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