

What is CRIS?

CRIS is an organization with roots that extends back over 40 years. In 1971, through the direction of the United Way, the various services for senior citizens were consolidated under the **CRIS** leadership and board. This has resulted in excellent comprehensive assistance, care and outreach.

The Mission of **CRIS** is to provide services and activities to persons age 60 and over that assists the individual to remain healthy and active, thus avoiding early or unnecessary long-term placement, and maintaining their quality of life well into the advanced years.

CRIS employs trained and qualified staff, but also enlists the aid of community volunteers in providing the much needed services to seniors in the community.

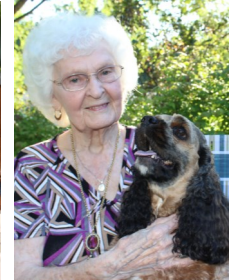
CRIS is a private, not-for-profit, tax-exempt organization governed by a community board of directors. Main funding sources are the East Central Illinois Area Agency on Aging, United Way of Danville and private contributions. **CRIS** relies heavily on customer donations to support needed services.



Program Funding Provided By:



309 North Franklin Street, Danville, IL 61832



CRIS Healthy-Aging Center:
309 North Franklin Street, Danville, IL 61832
Phone: (217) 443-2999 Fax: (217) 443-4288

www.agestrong.org

Adult Protective Services

The **CRIS** Adult Protective Service Investigation Program serves Vermilion County residents who are at least 60 years of age and persons with disabilities age 18-59 who are alleged victims of abuse. The types of abuse include: physical, emotional, confinement, financial exploitation, deprivation, passive neglect, and sexual abuse. When **CRIS** receives a report of suspected abuse we carefully investigate the allegations. The caseworker assesses the alleged victim's needs, in particular the need for immediate intervention to protect the person from further and/or on-going abuse. The program is victim focused and all activities are guided by a competent well trained investigator. To report suspected cases of abuse or schedule a presentation for your group, call CRIS Healthy-Aging Center or the Illinois Department on Aging/24-Hour Abuse Helpline at 1-866-800-1409.



Bridge Care Transition Program

CRIS Healthy-Aging Center has partnered with local hospitals to assist qualified individuals in the transition from hospital to home. This program is provided at not cost to the participant. A Bridge coach will assist with developing a personal health record, making/keeping doctor appointments, managing medication and identifying additional community resources.

Care Coordination Unit

The **CRIS** Healthy-Aging Center/East Central Illinois Area Agency on Aging (ECIAAA) Care Coordination Unit provides comprehensive, long term, care coordination for anyone 60 years or older who is in need of assistance in maintaining independent living. Case managers provide advocacy, support and connections to community resources.

The program is of no cost to eligible seniors. Services include Comprehensive Care Coordination, Community Care Program, Programs offering homemaker, adult day and emergency home response services, Choices for Care Assessment: Nursing Facility and Skilled Living Facility Prescreens for all residents of Vermilion County and Respite Care.

Caregiver Advisory Services

CRIS Caregiver Advisory Services provide supportive service to caregivers, and grandparents raising grandchildren to promote healthier aging. Services include: Individual consultation, mentorship and workshops for caregivers and grandparents raising grandchildren under the age of 18. As funds allow, we provide respite care for individuals needing a break from care-giving of their loved one over age 60.

Coordinated Point of Entry

This service provides options counseling, information, agency referrals and services to those over 60 and limited services to those under 60 (if disabled). Services provided include assistance with LIHEAP, Benefits Access Program (formerly Circuit Breaker), Medicare Part D/ Supplements, workshops and distribution of Farmer's Market coupons.

Money Management



The **CRIS** Money Management Program utilizes trained volunteers to work with seniors on budgeting, sorting through mail, checkbook balancing and bill paying. This program assists seniors 60 years of age and older who need assistance due to physical or mental disabilities, unpaid bills, inability to read or write, loss of home due to foreclosure or threats of utility shut-off.

Senior Activity Center

The **CRIS** Healthy-Aging Center, 309 N. Franklin, is the headquarters for **CRIS** and a host of activities and ser-

vices for senior citizens in Vermilion County. Many seniors in the area drop in daily to play cards, watch TV, gather with friends or just relax in a homelike comfortable environment. Scheduled activities include bongo, euchre groups, dances, exercise classes and parties. Center hours are 8 am to 4 pm, Monday through Friday (except holidays).

Senior Nutrition Program

Good nutrition plays an increasingly important role in how well you age. Eating a proper diet can reduce age-related risk of heart disease, diabetes, stroke, osteoporosis and other chronic disease. To help you find a healthier you, **CRIS** offers nutrition services for those 60 years and older from several different venues and locations throughout Vermilion County. The Nutrition Program includes breakfast, lunch, dinner, monthly parties and Home Delivered Meals. All menus meet 1/3 Recommended Dietary Allowance as followed by the Dietary Guidelines for Americans.



Violent Crime Victim Assistance

The **CRIS** Violent Crime Victim Assistance program is funded by the Illinois Attorney General and assists victims of violent crime who are 55 years of age and older. These persons are victims of violent crimes committed by strangers and may impact the safety, mental and physical well-being.

The Victim Assistance Caseworker identifies and assists victims of violent crime including battery, arson, assault, attempted murder, domestic violence, home invasion. The caseworker assists the victim with working through the court system, acquiring medical care, counseling to address trauma due to victimization and other services as determined to be needed. The goal is to assist the victim in remaining and feeling safe so as not to disrupt their normal life and living arrangement.